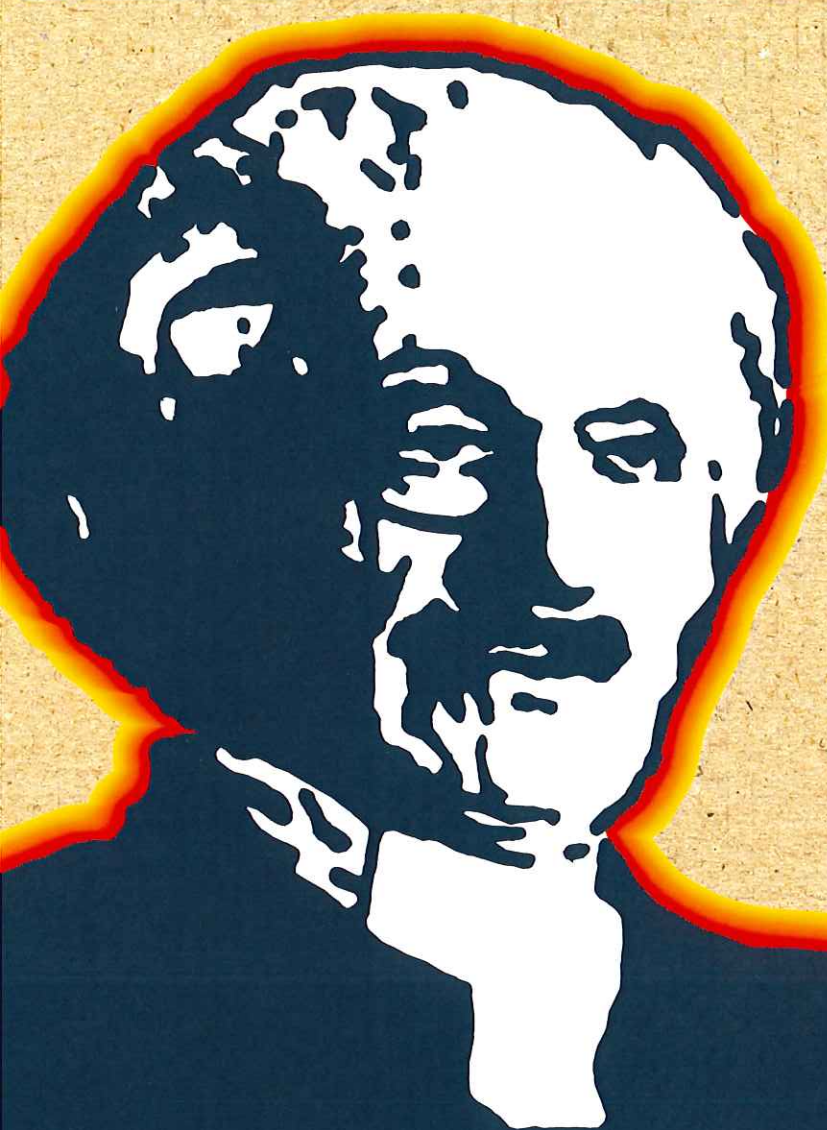


Promotes blood circulation by heat stimulus

ROIHI-TSUBOKŌ™

For stiff shoulders and lower back pain



Very Effective

Easy to Apply

Mild to Remove

Inconspicuous



Regular Size (RT156)



156 sheets



Actual size

Big Size (RT78)



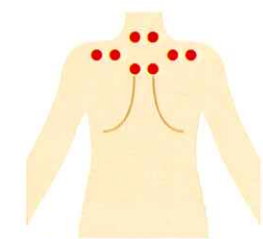
78 sheets



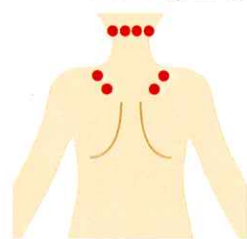
Actual size

Examples of how to apply the plaster

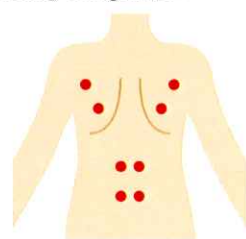
Use your fingers to locate the affected areas where there is pain or stiffness and place the plaster there, referring to the following diagrams



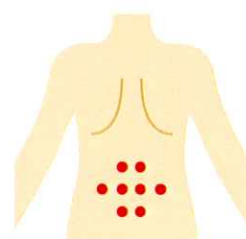
Ex. 01 Stiff shoulders



Ex. 02 Stiff shoulders



Ex. 03 Stiff shoulders,
Lower back pain



Ex. 04 Lower back pain

Effect

Stiff shoulders, lower back pain, bruise, sprain, joint pain, muscle pain, muscle fatigue, chilblains, pain caused by fractures

[Dosage and Administration]

Remove the ROIHI-TSUBOKO™ plaster from the film and apply it to the affected area.

Precautions for Dosage and Administration

- Please be sure that the parents or adult guardian supervises when applying the plaster for children.
- Persons with sensitive skin should do a patch test prior to use, by placing a small 1cm portion of the plaster on the inside of their arm and leaving it on for more than half a day to make sure no rash or redness, itchiness, irritation and other symptoms occur.
- Make sure the affected area is clean and free of sweat and moisture before applying the plaster.
- Persons with sensitive skin should not keep applying the plaster on the same affected areas.
- The plaster may cause some skin irritation depending on physical constitution, so please do not use the plaster immediately after taking a bath and a shower.
- This product is for external use only; please do not ingest the plaster orally.

Product Number	Diameter	1 Box/Sheets
RT156	2.8 cm Φ	156 sheets
RT78	3.9 cm Φ	78 sheets

⚠ Precautions for use

[Do Not Do the Following] (Failure to follow these precautions may aggravate the current symptoms and cause side-effects)

1. Do not apply the plaster on the following areas

- Around the eyes, mucous membrane, etc.
- On rashes, eczema, and wounds.

[For consultation]

1. The following persons should consult with their doctor or pharmacist before using the plaster.

- Persons or their family members who have allergies
- Persons with previous allergic reactions to medicines (e.g. breaking out in a rash or redness, itchiness, irritation, etc.)

2. Please stop use immediately in the following cases, and take the plaster patches along with these instructions to your doctor or pharmacist for advice on what to do next.

- If any of the following symptoms appear after use:

Area of the body	Symptom
Skin	breaking out in a rash or redness, itchiness, pain

- If your symptoms do not improve even after 5-6 days of use.

[Other precautions]

- You may feel a stinging or burning sensation in the areas where the plaster has been placed when taking a bath, so be sure to take off the plaster around 30 minutes to 1 hour before having a bath or shower. Please do not take a bath and a shower with the plaster still on.
- Be careful when using the plaster during the use of heat-generating products (kotatsu (small table with an electrical heater underneath), heated carpet, kairo (hand and body warmers), electric blankets, etc.), as they may increase the intensity of the heat sensation of the plaster.

FOR BETTER BEING
いつも笑顔でいたいから——ニチバン

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TM: trademark